



## BURGER KING® USA Nutritionals: Core, Regional and Limited Time Offerings

### AUGUST 2017

Nutrition Facts	Calories	Calories from fat	Total fat (g)	Saturated Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Total Sugar (g)	Protein (g)	
	270	360	40	12	1.5	90	980	49	2	11	28	
<b>WHOPPER® Sandwiches</b>												
WHOPPER® Sandwich	270	360	40	12	1.5	90	980	49	2	11	28	
w/o Mayo	249	200	22	9	1.5	80	840	49	2	11	28	
WHOPPER® Sandwich with Cheese	292	420	46	16	2	115	1340	50	2	11	32	
w/o Mayo	271	260	29	13	1.5	105	1200	50	2	11	32	
Bacon & Cheese WHOPPER® Sandwich	303	460	51	17	2	125	1560	50	2	11	35	
BBQ Bacon WHOPPER® Sandwich	303	460	51	17	2	125	1540	53	2	14	35	
DOUBLE WHOPPER® Sandwich	354	520	58	20	3	175	1050	49	2	11	48	
w/o Mayo	333	360	40	17	2.5	165	910	49	2	11	47	
DOUBLE WHOPPER® Sandwich with Cheese	377	580	64	24	3	195	1410	50	2	11	52	
w/o Mayo	355	420	47	21	3	185	1270	50	2	11	52	
WHOPPER JR.® Sandwich	134	160	18	5	0.5	40	390	27	1	7	13	
<b>FLAME BROILED BURGERS</b>												
BACON KING™ Sandwich	356	710	79	31	3.5	240	2150	49	2	10	61	
Homestyle Cheeseburger	212	250	27	12	1.5	95	1140	48	2	10	30	
Hamburger	93	80	8	3	0.5	30	380	26	1	6	11	
Cheeseburger	104	110	12	5	0.5	40	560	27	1	7	13	
Double Hamburger	124	130	15	6	1	60	400	26	1	6	18	
Double Cheeseburger	135	160	18	9	1.5	70	580	27	1	7	20	
Extra Long Cheeseburger	213	310	34	13	1.5	90	1040	45	2	9	26	
Bacon Cheeseburger	111	130	15	6	1	50	710	27	1	7	15	
Bacon Double Cheeseburger	139	180	20	9	1.5	75	660	27	1	7	21	
Double Cheeseburger	135	160	18	8	1.5	70	580	27	1	7	20	
Bacon Cheeseburger Deluxe	139	120	13	6	0.5	45	640	28	1	7	14	
<b>GRILLED DOGS</b>												
Classic Grilled Dog	123	140	16	6	1	30	960	32	2	10	11	
Chili Cheese Grilled Dog	123	170	19	8	1	40	980	28	2	5	14	

<b>Nutrition facts</b>	<b>-serving size (g)</b>	<b>Calories</b>	<b>Calories from fat</b>	<b>Total fat (g)</b>	<b>Saturated Fat (g)</b>	<b>Trans Fat (g)</b>	<b>Chol (mg)</b>	<b>Sodium (mg)</b>	<b>Total Carb (g)</b>	<b>Dietary Fiber (g)</b>	<b>Total Sugar (g)</b>	<b>Protein (g)</b>
<b>CHICKEN &amp; MORE</b>												
Grilled Chicken Sandwich	229	470	170	19	4	0	85	840	39	6	7	37
w/o Mayo	214	370	70	7	2	0	75	740	39	6	7	36
Crispy Chicken Sandwich	228	670	370	41	7	0	60	1080	54	2	8	23
w/o Mayo	200	460	160	17	3	0	50	890	54	2	7	23
Original Chicken Sandwich	219	660	360	40	7	0	75	1170	48	2	5	28
w/o Mayo	190	450	140	16	3.5	0	60	990	48	2	4	28
Crispy Chicken Jr.	142	450	270	30	5	0	30	780	34	2	5	12
Spicy Crispy Chicken Jr.	142	390	190	21	3.5	0	30	740	37	2	6	12
Chicken Nuggets- 4pc	58	170	100	11	1.5	0	25	310	11	1	0	8
Chicken Nuggets- 6pc	88	260	150	16	2.5	0	35	470	16	1	0	12
Chicken Nuggets- 10 pc	146	430	240	27	4.5	0	55	780	27	2	0	20
Chicken Nuggets- 20 pc	292	860	490	54	9	0	115	1570	53	3	1	39
Chicken Fries - 9 pc.	91	280	150	17	2.5	0	35	850	20	1	1	13
Jalapeno Chicken Fries	96	300	160	18	3	0	40	950	19	1	1	15
BIG FISH™ Sandwich	188	510	250	28	4.5	0	30	1180	51	2	7	16
BK VEGGIE® Burger **	219	390	140	15	2.5	0	5	1060	42	6	9	22
w/o Mayo	209	310	60	7	1	0	0	990	42	6	9	22
<b>Kids Meals</b>												
entrees												
Kids Oatmeal	167	170	30	3	1.5	0	5	260	32	3	12	4
Chicken Nuggets- 4pc	58	170	100	11	1.5	0	25	310	11	1	0	8
Chicken Nuggets- 6pc	88	260	150	16	2.5	0	35	470	16	1	0	12
Hamburger	93	220	80	8	3	0.5	30	380	26	1	6	11
Cheeseburger	104	270	110	12	5	0.5	40	560	27	1	7	13
side items												
Mott's® Natural Applesauce	111	50	0	0	0	0	0	0	13	1	11	0
beverage												
Fat FREE Milk (8 fl oz)		90	0	0	0	0	5	125	13	0	12	9
1% Low Fat Chocolate Milk (8 fl oz)		160	25	2.5	1.5	0	15	150	26	0	25	8
Capri Sun® 100% Apple Juice		80	0	0	0	0	0	25	20	0	20	0
Soft Serve Cone	120	190	40	4.5	3	0	20	150	32	0	24	5
Chocolate Chip cookie (in some areas)	38	160	70	8	4	0	10	125	24	1	15	2

<b>Nutrition facts</b>	<b>serving size (g)</b>	<b>Calories</b>	<b>Calories from fat</b>	<b>Total fat (g)</b>	<b>Saturated Fat (g)</b>	<b>Trans Fat (g)</b>	<b>Chol (mg)</b>	<b>Sodium (mg)</b>	<b>Total Carb (g)</b>	<b>Dietary Fiber (g)</b>	<b>Total Sugar (g)</b>	<b>Protein (g)</b>
<b>BK™ Garden Fresh Salads and SIDES</b>												
Garden Chicken Salad with Grilled Chicken - no dressing	313	340	130	15	6	0	100	770	16	7	4	39
Garden Chicken Salad with Crispy Chicken - no dressing	287	440	220	25	7	0	75	930	31	3	4	25
Bacon Cheddar Ranch Chicken Salad with Grilled Chicken and dressing	395	620	360	41	12	0	140	1640	18	7	6	46
Bacon Cheddar Ranch Chicken Salad with Crispy Chicken and dressing	369	710	450	50	13	0	110	1800	34	3	6	32
Garden Side Salad - w/o dressing	99	60	35	4	2.5	0	10	95	3	1	2	4
Ken's Ranch Dressing	43	260	250	28	4	0	10	240	2	0	2	1
Buttery Garlic Croutons- Packet	14	60	20	2.5	0	0	10	180	9	0	1	1
Onion Rings - value	43	150	70	8	1.5	0	0	400	19	1	2	1
Onion Rings - small	91	320	150	16	3	0	0	840	41	3	4	3
Onion Rings - medium	117	410	190	21	3.5	0	0	1080	53	4	5	4
Onion Rings - large	142	500	230	25	4.5	0	0	1310	64	5	7	5
Cheesy Tots	128	310	140	15	1	0	0	780	34	3	0	9
French Fries - value (Salted)	89	220	90	10	1.5	0	0	330	31	2	0	3
French Fries - small (Salted)	128	320	130	14	2.5	0	0	480	44	3	0	4
French Fries - medium (Salted)	153	380	150	17	3	0	0	570	53	4	0	5
French Fries - large (Salted)	173	430	170	19	3.5	0	0	640	60	4	0	6
<b>Nutrition facts</b>	<b>serving size (g)</b>	<b>Calories</b>	<b>Calories from fat</b>	<b>Total fat (g)</b>	<b>Saturated Fat (g)</b>	<b>Trans Fat (g)</b>	<b>Chol (mg)</b>	<b>Sodium (mg)</b>	<b>Total Carb (g)</b>	<b>Dietary Fiber (g)</b>	<b>Total Sugar (g)</b>	<b>Protein (g)</b>
<b>BREAKFAST</b>												
Quaker® Oatmeal Maple Flavor (Artificial maple flavor in Vermont only).	172	170	30	3	1.5	0	5	270	32	3	12	4
Sausage, Egg, Cheese & Hash Brown Burrito	143	370	210	23	8	0	150	930	27	3	2	15
EGG-NORMOUS Burrito™	362	910	490	55	16	0.5	320	2020	73	6	8	33
Supreme Breakfast Sandwich	312	880	530	59	21	1	375	2170	45	2	7	41
BK™ Ultimate Breakfast Platter	464	1190	590	66	15	0.5	320	2460	123	5	32	27
NY Ultimate Platter (Regional menu item)	371	870	400	44	12	0	305	1650	95	4	31	22
Pancake and Sausage platter	217	610	280	31	9	0	80	1010	72	1	30	12
CROISSAN'WICH® Egg & Cheese	114	300	140	15	7	0	130	580	30	1	4	11
CROISSAN'WICH® Sausage, Egg & Cheese	158	470	270	30	12	0	165	890	30	1	4	18
CROISSAN'WICH® Ham, Egg & Cheese	145	330	140	16	7	0	145	1000	31	1	5	16
CROISSAN'WICH® Bacon, Egg & Cheese	121	340	160	18	8	0	140	730	30	1	4	12
Fully Loaded CROISSAN'WICH®	218	610	360	40	17	0.5	225	1680	31	1	5	28
KING CROISSAN'WICH™ w/ Double Sausage	216	700	460	51	20	0.5	210	1410	31	1	5	27
KING CROISSAN'WICH™ w/ Sausage and Bacon	183	580	350	39	16	0.5	190	1370	31	1	5	24

KING CROISSAN'WICH™ w/ Ham and Sausage	184	530	310	34	14	0.5	185	1280	31	1	5	23
Sausage Biscuit	118	390	230	25	6	0	35	1020	28	1	2	12
Ham, Egg, & Cheese Biscuit	165	370	190	21	4	0	145	1500	30	1	3	16
Sausage, Egg, & Cheese Biscuit	178	510	310	35	9	0	165	1390	29	1	2	18
Bacon, Egg & Cheese Biscuit	141	380	200	23	5	0	140	1230	29	1	2	13
Cinnamon Roll- Otis Spunkmeyer®	79	280	100	11	6	0	15	280	41	2	22	4
Hash Browns - small	84	250	150	16	3.5	0	0	580	24	3	0	2
Hash Browns - medium	169	500	290	33	7	0	0	1140	48	7	0	4
Hash Browns - large	225	670	390	44	9	0	0	1530	65	9	0	5
French Toast Sticks (3 piece)	65	230	100	11	2	0	0	260	29	1	8	3
French Toast Sticks (5 piece)	109	380	160	18	3	0	0	430	49	2	13	5

	-serving size (g)	Calories	Calories from fat	Total fat (g)	Saturated Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Total Sugar (g)	Protein (g)
<b>Nutrition facts</b>												
<b>DESSERTS</b>												
Dutch Apple Pie	107	340	130	14	6	0	0	310	51	1	25	3
HERSHEY®'S Sundae Pie	79	310	170	19	12	0	10	220	32	1	22	3
Reese's Peanut Butter Cup Pie	70	310	170	19	10	0	5	200	31	2	21	5
Pie made with SNICKERS®	81	300	140	16	9	0	5	230	36	1	25	4
Soft Serve Cone	120	190	40	4.5	3	0	20	150	32	0	24	5
Soft Serve Cup	115	170	40	4.5	3	0	20	150	28	0	24	5
Caramel Sundae	153	290	60	6	4	0	25	260	53	0	39	6
Chocolate Fudge Sundae	147	280	60	7	5	0	20	220	47	1	41	6
Butter Sugar Cookie	36	160	60	7	3.5	0	15	135	22	0	12	2
Carnival Cookie	36	160	60	7	3	0	10	120	22	1	14	2
Red, White & Blue Cookie	36	160	50	6	3	0	5	125	23	0	14	1
Ginger Spice Cookie	38	150	45	5	2.5	0	10	135	25	1	13	2
Chocolate Chip Cookies (2)	76	330	140	15	8	0	20	250	47	1	29	3
White Chocolate Macadamia Nut Cookies (2)	76	340	160	18	8	0	20	240	44	0	28	4
Oatmeal Raisin Cookies (2)	76	310	120	13	8	0	20	260	46	3	26	4
<b>Additional Options (some options are only available regionally)</b>												
American Cheese (slice)	11	40	30	3.5	2	0	10	180	1	0	0	2
Ketchup (Packet)	10	10	0	0	0	0	0	125	3	0	2	0
Mayonnaise (Packet)	12	80	80	9	0.5	0	10	75	1	0	0	0
Strawberry or Grape Jam (packet)	12	30	0	0	0	0	0	0	7	0	6	0
Breakfast Syrup (1 oz)	41	120	0	0	0	0	0	15	30	0	18	0
Barbecue Dipping Sauce (1 oz)	28	40	0	0	0	0	0	310	11	0	10	0
Ranch Dipping Sauce (1 oz)	28	140	140	15	2.5	0	10	230	1	0	1	1
Buffalo Dipping Sauce (1 oz)	28	80	70	8	1.5	0	5	360	2	0	1	0
Chicken Fry Dipping Sauce (1 oz)	28	140	120	13	2	0	10	180	6	0	5	0
Zesty Onion Ring Dipping Sauce (1 oz)	28	150	140	15	2.5	0	20	240	3	0	1	0
<b>Nutrition facts</b>												
<b>BEVERAGES BY CUP SIZE</b>												
Fat FREE Milk (8 fl oz)		90	0	0	0	0	5	125	13	0	12	9
1% Low Fat Chocolate Milk (8 fl oz)		160	25	2.5	1.5	0	15	150	26	0	25	8
Smoothie: Strawberry Banana 16 fl oz		310	10	1	0	0	0	55	71	3	50	4

Smoothie: Tropical Mango- 16 fl oz	370	5	0	0	0	0	70	86	2	56	5
Oreo® Shake	730	190	21	11	0	60	550	121	1	100	15
Chocolate Oreo® Shake	610	170	19	12	0	55	560	99	1	81	13
FROOT LOOPS® Shake	720	160	17	11	0.5	65	560	126	2	103	16
Vanilla Milk Shake	580	140	15	10	0	60	420	98	0	85	14
Chocolate Milk Shake	610	140	16	10	0	60	500	103	1	88	14
Strawberry Milk Shake	640	140	15	10	0.0	60	440	113	0	99	14

Nutrition facts		Calories	Calories from fat	Total fat (g)	Saturated Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Total Sugar (g)	Protein (g)
<b>BEVERAGES BY CUP SIZE (*no ice)</b>												
<b>Coca Cola classic®‡</b>												
	16 fl oz	210	0	0	0	0	0	50	58	0	58	0
	20 fl oz	270	0	0	0	0	0	60	73	0	73	0
	29 fl oz	390	0	0	0	0	0	85	105	0	105	0
	38 fl oz	510	0	0	0	0	0	115	138	0	138	0
<b>Diet Coke®‡</b>												
	16 fl oz	0	0	0	0	0	0	70	0	0	0	0
	20 fl oz	0	0	0	0	0	0	85	<1	0	0	0
	29 fl oz	0	0	0	0	0	0	120	<1	0	0	0
	38 fl oz	0	0	0	0	0	0	160	1	0	0	0
<b>Sprite®‡</b>												
	16 fl oz	210	0	0	0	0	0	95	56	0	56	0
	20 fl oz	260	0	0	0	0	0	120	70	0	70	0
	29 fl oz	380	0	0	0	0	0	170	102	0	102	0
	38 fl oz	500	0	0	0	0	0	230	133	0	133	0
<b>Dr. Pepper®‡</b>												
	16 fl oz	190	0	0	0	0	0	60	52	0	51	0
	20 fl oz	240	0	0	0	0	0	75	65	0	64	0
	29 fl oz	350	0	0	0	0	0	105	94	0	93	0
	38 fl oz	450	0	0	0	0	0	140	124	0	121	0
<b>Barq's® Root Beer‡</b>												
	16 fl oz	240	0	0	0	0	0	100	65	0	65	0
	20 fl oz	300	0	0	0	0	0	120	81	0	81	0
	29 fl oz	430	0	0	0	0	0	180	118	0	118	0
	38 fl oz	570	0	0	0	0	0	230	155	0	155	0
<b>Cherry Coke®‡</b>												
	16 fl oz	220	0	0	0	0	0	55	61	0	61	0
	20 fl oz	280	0	0	0	0	0	70	76	0	76	0
	29 fl oz	410	0	0	0	0	0	100	110	0	110	0
	38 fl oz	530	0	0	0	0	0	130	145	0	145	0
<b>Fanta® Orange‡</b>												
	16 fl oz	230	0	0	0	0	0	60	62	0	61	0
	20 fl oz	280	0	0	0	0	0	70	78	0	77	0
	29 fl oz	410	0	0	0	0	0	105	113	0	111	0
	38 fl oz	540	0	0	0	0	0	135	148	0	146	0
<b>Hi-C® Fruit Punch‡</b>												
	16 fl oz	220	0	0	0	0	0	75	62	0	60	0
	20 fl oz	280	0	0	0	0	0	95	77	0	75	0
	29 fl oz	410	0	0	0	0	0	135	111	0	109	0
	38 fl oz	530	0	0	0	0	0	180	146	0	143	0

<b>Nutrition facts†</b>
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MINUTE MAID® Light Lemonade
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16 fl oz
20 fl oz
29 fl oz
38 fl oz

Sweet Tea
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20 fl oz
29 fl oz
40 fl oz

Unsweetened Tea
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20 fl oz
29 fl oz
40 fl oz

Capri Sun® 100% Apple Juice	1 pouch
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Minute Maid® Orange Juice	10 fl oz
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Calories	Calories from fat	Total fat (g)	Saturated Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Total Sugar (g)	Protein (g)
10	0	0	0	0	0	60	3	0	0	0
10	0	0	0	0	0	70	4	0	0	0
15	0	0	0	0	0	105	5	0	0	0
20	0	0	0	0	0	135	7	0	0	0
120	0	0	0	0	0	0	35	0	35	0
160	0	0	0	0	0	0	49	0	49	0
240	0	0	0	0	0	0	71	0	71	0
0	0	0	0	0	0	0	0	0	0	0
0	0	0	0	0	0	0	0	0	0	0
0	0	0	0	0	0	0	0	0	0	0
80	0	0	0	0	0	25	20	0	20	0
140	0	0	0	0	0	20	33	0	30	2



Nutrition facts†		Calories	Calories from fat	Total fat (g)	Saturated Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Total Sugar (g)	Protein (g)
<b>Seattle's Best Coffee®</b>												
Seattle's Best Coffee® - Decaf- 16 fl oz		0	0	0	0	0	0	0	0	0	0	0
Seattle's Best Coffee® - Decaf- 20 fl oz		0	0	0	0	0	0	0	0	0	0	0
Seattle's Best Coffee® - Regular- 16 fl oz		0	0	0	0	0	0	0	0	0	0	0
Seattle's Best Coffee® - Regular- 20 fl oz		0	0	0	0	0	0	0	0	0	0	0
<b>Iced Coffees</b>												
Iced Coffee - Medium		150	70	8	5	0	30	45	19	0	19	1
Iced Coffee - Medium-VANILLA		190	70	8	5	0	30	45	28	0	28	1
Iced Coffee - Medium MOCHA		170	80	8	5	0	30	110	23	1	21	2
<b>Frappes</b>												
Mocha Frappe: 16 fl oz		400	140	16	7	0	10	250	60	0	40	3
Caramel Frappe: 16 fl oz		410	140	16	7	0	10	270	63	0	42	3

<b>Nutrition facts</b>	<b>serving size (g)</b>	<b>Calories</b>	<b>Calories from fat</b>	<b>Total fat (g)</b>	<b>Saturated Fat (g)</b>	<b>Trans Fat (g)</b>	<b>Chol (mg)</b>	<b>Sodium (mg)</b>	<b>Total Carb (g)</b>	<b>Dietary Fiber (g)</b>	<b>Total Sugar (g)</b>	<b>Protein (g)</b>
<b>KING DEALS VALUE MENU</b>												
Bacon Double Cheeseburger	139	370	180	20	9	1.5	75	660	27	1	7	21
Double Cheeseburger	135	360	160	18	8	1.5	70	580	27	1	7	20
Bacon Cheeseburger Deluxe	139	290	120	13	6	0.5	45	640	28	1	7	14
Bacon Cheeseburger	108	280	120	13	6	0.5	45	630	27	1	7	14
Chicken Nuggets - 4pc	58	170	100	11	1.5	0	25	310	11	1	0	8
Crispy Chicken Jr.	142	450	270	30	5	0	30	780	34	2	5	12
Spicy Crispy Chicken Jr.	142	390	190	21	3.5	0	30	740	37	2	6	12
Rodeo Crispy Chicken Sandwich	154	410	150	17	3	0	20	870	53	2	14	12
Rodeo Burger	111	310	110	12	4	0.5	30	440	38	1	9	12
Cheeseburger	104	270	110	12	5	0.5	40	560	27	1	7	13

INGREDIENTS:
<b>Buns, Breads and Tortillas</b>
<p><b>SESAME SEED BUNS:</b> Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Yeast, Sesame Seeds, Contains 2% or less of the following: Soybean Oil, Salt, Yeast Nutrients (Monocalcium Phosphate, Calcium Sulfate), Dough Conditioners (Monoglycerides, DATEM), Calcium Propionate (Preservative), Wheat Starch.</p> <p><b>CONTAINS: WHEAT and SOY</b></p>
<p><b>POTATO BUN:</b> Unbleached enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, sugar, yeast, potato flakes, contains 2% or less of each of the following:, wheat gluten, soybean oil, palm oil, salt, , glaze (water, sunflower oil, vegetable proteins, wheat maltodextrins, wheat dextrose, corn starch), dextrose, yellow corn flour, natural and artificial flavors, sodium stearoyl lactylate, monocalcium phosphate, monoglycerides, enzymes, colored with turmeric and paprika, mono-diglycerides, ascorbic acid, calcium propionate (to retard spoilage).</p> <p><b>CONTAINS: WHEAT AND SOY</b></p>
<p><b>SPECIALTY BUNS:</b> Enriched wheat flour [flour, malted barley flour, reduced iron, niacin, thiamin mononitrate (Vitamin B1), riboflavin (vitamin B2), folic acid], water, high fructose corn syrup, sesame seeds, yeast, soybean oil, salt, wheat gluten, calcium sulfate, calcium propionate (preservative), flaxseeds, mono- and diglycerides, datem, citric acid, potassium iodate, soy lecithin.</p> <p><b>CONTAINS: WHEAT AND SOY</b></p>
<p><b>GRILLED DOG BUN:</b> Enriched Unbleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Yeast, Contains less than 2% of each of the following: Soybean Oil, Wheat Gluten, Salt, Calcium Propionate (Preservative), Dough Conditioners (Monoglycerides, Sodium Stearoyl Lactylate, Ascorbic Acid, Enzymes).</p> <p><b>CONTAINS: WHEAT</b></p>
<p><b>TORTILLA:</b> Enriched Bleached Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Shortening (Interesterified Soybean Oil, Hydrogenated Soybean Oil), Contains 2% or less of the following: Sugar, Salt, Vital Wheat Gluten, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate), Distilled Monoglycerides, Enzymes, Wheat Starch, Calcium Carbonate, Tocopherol (antioxidant), Ascorbic Acid (antioxidant), Citric Acid (antioxidant), Guar Gum, Yeast, Cellulose Gum, Fumaric Acid (Dough Conditioner), Calcium Propionate and Sorbic Acid (To Preserve Freshness).</p> <p><b>CONTAINS: WHEAT</b></p>
<p><b>BISCUIT:</b> enriched flour bleached (wheat flour, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), water, hydrogenated palm kernel oil, buttermilk, sugar, baking soda, salt, sodium aluminum phosphate, sodium caseinate, datem, partially hydrogenated soybean and cottonseed oil*, sodium acid pyrophosphate, dextrose, wheat protein isolate, corn syrup solids, natural flavor, soy lecithin.</p> <p><b>CONTAINS: WHEAT, MILK AND SOY</b></p>
<p><b>CROISSANT:</b> Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Margarine [Palm Oil, Water, Soybean Oil, Sugar, Soybean Lecithin with Mono- and Diglycerides added, Potassium Sorbate and Citric Acid (preservatives), Beta Carotene, Vitamin A Palmitate], High Fructose Corn Syrup, Yeast, Salt, Sweet Whey, Dough Conditioner [Calcium Sulfate, Diacetyl Tartaric Acid Ester of Monoglyceride (DATEM), Ammonium Sulfate, Enzymes, Ascorbic Acid], Calcium Propionate, Natural and Artificial Butter Flavor, Modified Cornstarch.</p> <p><b>CONTAINS: WHEAT, MILK, EGGS AND SOY</b></p>

**BEEF\*, CHICKEN\*, PORK and FISH:**

**WHOPPER® PATTIES and HAMBURGER PATTIES** : 100% USDA inspected Ground Beef (Fire-Grilled).

**BEEF HOT DOG:** Beef, Water, Contains less than 2% of Salt, Corn Syrup, Ground Mustard Seed, Dextrose, Sodium Phosphates, Sodium Diacetate, Sodium Benzoate, Sodium Ascorbate, Flavor, Sodium Nitrite, Extractives of Paprika, Hydrolyzed Beef Stock.

**GRILLED CHICKEN FILET:** Boneless, skinless chicken breast filets with rib meat, water, flavoring [soybean oil, grill flavor (from sunflower oil), flavors, smoke flavor], flavoring [chicken flavor (contains salt, yeast extract, chicken fat, dextrose, maltodextrin, paprika, paprika extract)], modified food starch, seasoning [dextrose, dehydrated onion, dehydrated red bell pepper, spice, salt, chili pepper, garlic powder, paprika (color), turmeric (color)], sodium phosphates, dextrose.

*\*Beef and Chicken may be cooked on the same broiler with products containing dairy (or other allergens.)*

**BREADED ORIGINAL CHICKEN PATTY (Fried):** Chicken Breast with Rib Meat, Water, Salt and Monosodium Glutamate. BreaDED with: Bleached Wheat Flour, Salt, Spices, Partially Hydrogenated Vegetable Oil (Soybean and/or Cottonseed), Dried Whey, Monosodium Glutamate, Yeast, Dehydrated Sweet Pepper, Onion Powder, Garlic Powder, Dextrose, Leavening (Monocalcium Phosphate, Sodium Bicarbonate). **BATTERED WITH:** Water, Bleached Wheat Flour, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Salt, Corn Starch, Oat Flour and Natural Flavoring.

**CONTAINS: MILK AND WHEAT**

**CRISPY CHICKEN PATTY (Fried):** Uncooked Chicken Breast Pattie Fritters with Rib Meat Chicken breast with rib meat, water, salt, modified food starch, sodium phosphates, monosodium glutamate, chicken broth powder (chicken broth, salt, and flavoring), chicken flavor (gum arabic, maltodextrin, flavors, chicken powder, yeast extract, palm kernel oil, and salt). **BREADED WITH:** Bleached wheat flour, spice, salt, dextrose, leavening (sodium acid pyrophosphate, sodium bicarbonate), onion powder, garlic powder, extractives of paprika. **BATTERED WITH:** Water, bleached wheat flour, modified corn starch, salt, leavening (sodium acid pyrophosphate, sodium bicarbonate), spice, onion powder, extractives of paprika, natural flavor. **PREDUSTED WITH:** Wheat flour, modified corn starch, salt, wheat gluten, spice, onion powder, extractives of paprika. Breeding set in vegetable oil.

**CONTAINS: WHEAT**

**CRISPY CHICKEN FILET (Fried):** Chicken Breast Meat with Rib Meat containing up to 18% of a solution of Water, Seasoning (Yeast Extract, Salt, Maltodextrin, Dextrose, Flavors, Sunflower Oil, Chicken Powder, Chicken Fat, Sodium Phosphate, Modified Corn Starch), Modified Food Starch, Sodium Phosphates, Salt. BreaDED With: Enriched Wheat Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Tapioca Starch, Salt, Soybean Oil, contains less than 2% of Leavening (Cream of Tartar and Sodium Bicarbonate), Garlic Powder, Onion Powder, Sugar and Dried Yeast. **Battered With:** Water, Enriched Wheat Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Wheat Gluten, Salt, Tapioca Starch, Leavening (Cream of Tartar, Sodium Bicarbonate), Yeast Extract, Dextrose, Soybean Oil (anti-dusting agent), Garlic Powder and Onion Powder. **Predusted With:** Enriched Wheat Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Wheat Gluten, Salt, Tapioca Starch, Leavening (Cream of Tartar, Sodium Bicarbonate), Yeast Extract, Dextrose, Soybean Oil (anti-dusting agent), Garlic Powder and Onion Powder. Breeding set in Vegetable Oil.

**CONTAINS: WHEAT**

**FLAME GRILLED CHICKEN BURGER PATTY:** Chicken, water, isolated oat product, flavoring [salt, yeast extract, maltodextrin (corn, potato), chicken fat, flavoring, contains less than 2% (citric acid, dextrin, dried chicken, dried chicken broth, sunflower oil), seasoning (salt, spices, dehydrated garlic, dehydrated onion, spice extractive, flavor(maltodextrin, flavor), salt, natural flavor.

**CHICKEN NUGGETS (Fried):** Chicken Breast Pattie Fritters with Rib Meat Chicken Breast with Rib Meat, Water, Flavoring [Potassium Chloride, Flavoring, Autolyzed Yeast Extract, Maltodextrin (Corn, Potato), Salt, Chicken Fat, Contains less than 2% (Chicken Broth, Citric Acid, Dextrin, Disodium Inosinate & Disodium Guanylate, Dried Chicken, Mannitol, Modified Cornstarch)], Modified Food Starch, Salt, Sodium Phosphates. **BATTERED WITH:** Water, Wheat Flour, Modified Wheat Starch, Modified Corn Starch, Salt, Sodium Gluconate, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Dextrose, Spices, Garlic Powder, Onion Powder, Extractives of Turmeric. **PREDUSTED WITH:** Wheat Flour, Modified Corn Starch, Wheat Gluten, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Sodium Gluconate, Onion Powder, Garlic Powder, Potassium Chloride, Spice. Breeding Set in Vegetable Oil.

**CONTAINS: WHEAT**

**CHICKEN FRIES: UNCOOKED CHICKEN BREAST STRIP FRITTERS WITH RIB MEAT:** Chicken Breast with Rib Meat, Water, Seasoning (Salt, Modified Corn Starch, Flavoring), Modified Potato Starch, Sodium Phosphates: **BREADED WITH:** Bleached Wheat Flour, Modified Wheat Starch, Rice Flour, Salt, Spices, Dextrose, Paprika, Monosodium Glutamate, Dehydrated Garlic, Dehydrated Onion, Soybean Oil, Maltodextrin, Natural Flavor, Extractives of Paprika. **BATTERED WITH:** Water, Bleached Wheat Flour, Corn Starch, Modified Wheat Starch, Maltodextrin, Potato Starch, Modified Corn Starch, Methylcellulose, Mono and Diglycerides, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), **PREDUSTED WITH:** Bleached Wheat Flour, Modified Corn Starch, Dextrose, Monosodium Glutamate, Salt, Maltodextrin, Corn Starch, Sugar, Soybean Oil, Paprika, Spice, Onion Powder, Extractives of Paprika, Garlic Powder, Turmeric, Natural Flavors. Breeding set in Vegetable Oil.

**CONTAINS: WHEAT**

**JALAPENO CHICKEN FRIES:** Portioned chicken breasts with rib meat **CONTAINING:** Up to 17.8% of a solution of water, seasoning (salt, maltodextrin, chicken broth, natural and artificial flavors, garlic powder, yeast extract, sodium diacetate, jalapeno pepper, onion powder, brown sugar, cooked chicken skin, sugar, disodium inosinate and disodium guanylate, cooked chicken, vinegar solids, modified corn starch, citric acid, spice, chicken fat, acetic acid), modified food starch, isolated oat product, potato starch, sodium phosphates. **BREADED WITH:** Enriched wheat flour (enriched with niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), modified wheat starch, rice flour, salt, jalapeno flavored bits {corn syrup, enriched bleached wheat flour (enriched with niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), corn cereal, palm oil, jalapeno powder, natural flavor, caramel color, yellow 5, blue 1}, maltodextrin, garlic powder, yellow corn flour, disodium inosinate and disodium guanylate, jalapeno pepper, onion powder, spices, dextrose, natural flavors, soybean oil, sugar, yeast, vinegar solids, modified corn starch, extractives of turmeric and paprika, spice extractive, acetic acid. **BATTERED WITH:** Water, enriched wheat flour (enriched with niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), corn starch, modified wheat starch, potato starch, salt, methylcellulose, maltodextrin, onion powder, disodium inosinate and disodium guanylate, spice extractive, spices, yellow corn flour, leavening (sodium acid pyrophosphate, sodium bicarbonate), jalapeno pepper, natural flavors, sodium diacetate, vinegar solids, modified corn starch, extractives of turmeric and paprika, acetic acid. **PREDUSTED WITH:** Enriched wheat flour (enriched with niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), modified corn starch, wheat gluten, salt, maltodextrin, jalapeno pepper, yellow corn flour, garlic powder, spices, spice extractive, natural flavors, disodium inosinate and disodium guanylate, sodium phosphate, sodium diacetate, vinegar solids, extractives of turmeric, leavening (sodium bicarbonate), acetic acid.

**CONTAINS: WHEAT**

**FISH ALASKA POLLOCK, PANKO BREADED:** Alaska Pollock, Water, Enriched Bleached Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Bleached Wheat Flour, Yellow Corn Flour, MODIFIED FOOD STARCH, Less than 2% of each of the following: Ascorbic Acid, Garlic Powder, Leavening (Sodium Bicarbonate, SODIUM ACID PYROPHOSPHATE), Malted Barley Flour, Onion Powder, Palm Oil, Paprika Extract, Salt, Sodium Alginate, Spice, Spice extract, Yeast.

**CONTAINS: FISH (Alaska Pollock) and WHEAT. MAY CONTAIN: MILK.**

**VEGGIE PATTY and SIDE ITEMS:**

**BK VEGGIE® BURGER PATTY:** Supplied by MORNINGSTAR FARMS® - Vegetables (Mushrooms, Water Chestnuts, Onions, Carrots, Green Bell Peppers, Red Bell Peppers, Black Olives), Textured Vegetable Protein (Soy Protein Concentrate, Wheat Gluten, Water for hydration), Egg Whites, Cooked Brown Rice (Water, Brown Rice), Rolled Oats, Corn Oil, Calcium Caseinate, Soy Sauce (Water, Soybeans, Salt, Wheat), Onion Powder, Corn Starch, Salt, Hydrolyzed Corn, Soy, and Wheat Protein, Autolyzed Yeast Extract, Natural Flavors from non-meat sources, Sugar, Soy Protein Isolate, Spices, Garlic Powder, Dextrose, Jalapeño Pepper Powder, Celery Extract.

**CONTAINS: MILK, EGG, WHEAT, SOY. The patty is NOT cooked on equipment with meat or poultry products. *This is not a vegan product.***

**MOTT'S® NATURAL APPLESAUCE:** Apples, Water, Ascorbic Acid (Vitamin C)

**CHEESY TOTS:** Potatoes, Wheat Flour, Pasteurized Processed Cheese (Cheddar Cheese [Milk, Cheese Culture, Salt, Enzymes], Water, Milkfat, Sodium Phosphate, Sodium Hexametaphosphate, Salt, Sorbic Acid [preservative], Color [Annatto, Paprika]), Vegetable Oil (Contains One or More of the Following: Canola, Palm, Soybean, Sunflower), Mozzarella Cheese (Pasteurized Milk, Non-Fat Milk, Cultures, Salt, Enzymes), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Modified Potato Starch, Sugar, Natural Cheese Flavor, Dextrin, Dehydrated Potato, Yeast, Disodium Dihydrogen Pyrophosphate (to promote color retention).

**CONTAINS: WHEAT, MILK**

**FRENCH FRIES (Fried):** Potatoes, Soybean Oil or Canola and Palm Oil, Modified Potato Starch, Rice Flour, Potato Dextrin, Salt, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dextrose, Xanthan Gum, Sodium Acid Pyrophosphate added to preserve natural color. **\*Prepared in fryer used for product containing wheat.**

**ONION RINGS (Fried):** water, bleached wheat flour, dehydrated onion, modified corn starch, yellow corn flour, sugar, gelatinized wheat starch, contains 2% or less of :salt, guar gum, methylcellulose, fructose, onion powder, food starch-modified, sodium alginate, sunflower oil, natural flavors, grill flavor (from sunflower oil), canola oil, wheat gluten, modified palm oil, sodium tripolyphosphate, whey, dextrose, garlic powder, leavening (baking soda, sodium aluminum phosphate), spice, hydroxypropylmethylcellulose, yeast extract, corn starch, sorbitol, dried yeast, calcium chloride. parfried in soybean oil.

**CONTAINS WHEAT, MILK.**

<b>CONDIMENTS, SAUCES, &amp; TOPPINGS: Dipping Sauces have ingredients listed on the package</b>
<b>AMERICAN CHEESE (PASTEURIZED PROCESS):</b> Cultured Milk, Water, Cream, Sodium Citrate, Salt, Sorbic Acid (Preservative), Sodium Phosphate, Artificial Color, Enzymes, Acetic Acid, Soy Lecithin. <b>CONTAINS: MILK and SOY LECITHIN</b>
<b>CHEDDAR CHEESE SHREDDED:</b> Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Color added), Potato Starch and Powdered Cellulose added to prevent caking, Natamycin (a natural mold inhibitor). <b>CONTAINS: MILK</b>
<b>SALT &amp; PEPPER WHOPPER® SEASONING BLEND:</b> Salt, Black Pepper, Canola Oil (anti-dusting agent), and Silicon Dioxide (anti-caking agent).
<b>LETTUCE, TOMATOES, ONIONS, ROMAINE, RED ONIONS:</b> US Grade #1.
<b>RELISH:</b> Cucumbers, High Fructose Corn Syrup, Corn Syrup, Distilled Vinegar, Salt, Xanthan Gum, Mustard Seeds, Less than 1/10 of 1% Sodium Benzoate (Preservative), Dehydrated Red Bell Pepper, Celery Seeds, Extractives of Turneric, Natural & Artificial Flavors.
<b>BREAKFAST SYRUP:</b> Corn Syrup, High Fructose Corn Syrup, Water, Sugar, Modified Food Starch, Natural and Artificial Maple Flavor, Xanthan Gum, Phosphoric Acid, Cellulose Gum, Potassium Sorbate and Sorbic Acid as preservatives, Caramel Color.
<b>JAM-GRAPE:</b> Concord Grapes (Water, Grape Puree Concentrate), Sugar, Corn Syrup, Citric Acid, Pectin, Sodium Citrate.
<b>JAM-STRAWBERRY:</b> Strawberries (Strawberry Concentrate, Water), Corn Syrup, Sugar, Pectin, Citric Acid.
<b>KETCHUP:</b> Tomato concentrate made from Red Ripe Tomatoes, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, Salt, Spice, Onion Powder, Natural Flavoring, Natural flavoring is plant in origin.
<b>MAYONNAISE:</b> Soybean Oil, Eggs, Water, Distilled Vinegar, Contains 2% or Less of the Following: Egg Yolks, Salt, Sugar, Lemon Juice Concentrate, Natural Flavor, Calcium Disodium EDTA Added to Protect Flavor, Dehydrated Garlic, Dehydrated Onion, Paprika or Paprika Oleoresin. <b>CONTAINS: EGG</b>
<b>MUSTARD:</b> Water, Vinegar, Mustard Seed, Salt, Turmeric.
<b>PICKLES:</b> Cucumbers, water, vinegar, salt, calcium chloride, 1/10 of 1% sodium benzoate (preservative), natural spice extractives, extractives of turmeric, polysorbate 80, propylene glycol and fd&c yellow #5.
<b>TARTAR SAUCE :</b> Soybean Oil, Sweet Relish (Cucumbers, High Fructose Corn Syrup, Vinegar, Onion, Salt, Red Bell Peppers, Xanthan Gum, Sodium Benzoate and Potassium Sorbate as Preservatives, Natural Flavorings, Extractives of Turmeric), Water, Egg Yolks. <i>Contains less than 2%:</i> High Fructose Corn Syrup, Salt, Distilled Vinegar, Sugar, Dehydrated Onion, Lemon Juice Concentrate, Spice, Natural Flavors, Sodium Benzoate and Potassium Sorbate (as preservatives), Phosphoric Acid, Disodium Inosinate and Disodium Guanylate, Xanthan Gum, Calcium Disodium EDTA added to protect flavor. Natural Flavors from plant sources. <b>CONTAINS: EGG and SOY LECITHIN.</b>
<b>STACKER SAUCE:</b> Soybean Oil, Sweet Relish (Cured Cucumbers, High Fructose Corn Syrup, Vinegar, Onion, Salt, Red Bell Peppers, Xanthan Gum, Sodium Benzoate and Potassium Sorbate (Preservatives), Natural Flavorings, Calcium Chloride, Polysorbate 80, Extractives of Turmeric), Sugar, Water, Distilled Vinegar, Tomato Paste, Egg Yolk, Contains Less than 2% Salt, Dehydrated Onion, Xanthan Gum, Sodium Benzoate and Potassium Sorbate as Preservatives, Natural and Artificial Flavors, Propylene Glycol Alginate, Polysorbate 60, Caramel Color, Oleoresins Paprika and Turmeric (Color), Calcium Disodium EDTA Added to Protect Flavor. <b>CONTAINS: EGG</b>
<b>SWEET BABY RAY'S HONEY BARBECUE SAUCE®:</b> High Fructose Corn Syrup, Vinegar, Tomato Paste, Honey, Modified Food Starch, Contains less than 2% of: Salt, Water, Natural Flavor, Caramel Color, Pineapple Juice Concentrate, Spices, Sodium Benzoate as a preservative, Natural Smoke Flavor, Garlic, Molasses, Corn Syrup, Sugar, Tamarind.
<b>CHILI:</b> Water, Beef, Pinto Beans (prepared pinto beans, water, salt, calcium chloride, calcium disodium EDTA), seasoning [chili pepper, salt, modified corn starch, sugar, tomato powder, soy flour, dehydrated onion, maltodextrin, spices, yellow corn flour, paprika (color), cocoa, citric acid, garlic powder, disodium inosinate, disodium inosinate, disodium guanylate], onions, textured vegetable protein (soy flour, caramel color). <b>CONTAINS: SOY</b>

<b>BREAKFAST:</b>
<b>THICK SLICED BACON:</b> Cured with Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite.
<b>EGG PATTY - FULLY COOKED:</b> Whole Egg, Whey, Soybean Oil, Salt, Natural and Artificial Butter Flavor, Xanthan Gum, Citric Acide, Annatto (color). <b>CONTAINS: EGG, MILK, and SOY</b>
<b>HAM:</b> Ham cured with: Water, Dextrose, Contains 2% or less of salt, sodium lactate, sodium phosphate, natural smoke flavoring, sodium diacetate, sodium erythorbate, sodium nitrite, coated with caramel coloring.
<b>MILD SAUSAGE:</b> Pork, Salt, Spices, Corn Syrup Solids, Dextrose, Monosodium Glutamate, Hydrogenated Soybean Oil, Grill Flavor (from Soybean Oil).
<b>SPICY SAUSAGE:</b> Pork, Salt, Spices, Dextrose, Sugar, Monosodium Glutamate.
<b>HASH BROWN ROUNDS (Fried):</b> Potatoes, Canola Oil and Palm Oil, Dehydrated Potatoes (Potatoes, Mono and Diglycerides, Sodium Acid Pyrophosphate, Citric Acid), Salt, Corn Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Natural Flavoring, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose. <b>CONTAINS: WHEAT</b>
<b>VEGETABLE MIX (BURRITO):</b> Onions, Red Peppers, Green Peppers
<b>PANCAKES:</b> water, enriched bleached flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, soybean oil, leavening (sodium aluminum phosphate, sodium bicarbonate), egg yolks, dextrose, contains 2% or less of the following: salt, natural and artificial flavor, whey, soy lecithin, cellulose gum, xanthan gum. <b>CONATINS: WHEAT, EGG, MILK, SOY and SOY LECITHIN</b>
<b>CINNAMON ROLL - OTIS SPUNKMEYER:</b> Enriched Flour Bleached (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Water, Margarine (Palm Oil, Water, Salt, Mono - and Diglycerides, Whey, Natural and Artificial Flavors, Citric Acid, Beta Carotene Color, Vitamin A Palmitate), Cream Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Carob Bean Gum), Butter (Sweet Cream, Salt), Eggs, Cinnamon, Contains 2% or less of the following: Corn Syrup, Egg Whites, Modified Corn Starch, Natural and Artificial Flavors, Molasses, Wheat Gluten, Mono - & Diglycerides, Xanthan Gum, Cellulose Gum, Hydroxypropyl Methylcellulose, Guar Gum, Polysorbate 60, Salt, Yeast, Titanium Dioxide Color, Propylene Glycol, Lactic Acid and Sorbic Acid (Preservatives), Soy Lecithin. <b>CONTAINS: WHEAT, EGGS, MILK and SOY.</b>
<b>QUAKER® Oatmeal Maple and Brown Sugar Flavor*:</b> whole grain rolled oats, sugar, natural flavor, salt, calcium carbonate, guar gum, oat flour, caramel color, reduced iron, vitamin a palmitate.
<b>FRENCH TOAST STICKS:</b> Bread: Enriched flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid), enriched bleached flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid), water, high fructose corn syrup, yeast, may contain 2% or less of each of the following: soybean oil, wheat gluten, salt, dough conditioners (may contain one or more of the following: sodium stearoyl lactylate, calcium stearoyl-2-lactylate, calcium peroxide, calcium iodate, ascorbic acid, enzymes), corn flour, yeast nutrients (calcium sulfate, monocalcium phosphate, ammonium sulfate), glycerol monooleate, oleoresin paprika and oleoresin turmeric (coloring agents), polysorbate 60, polysorbate 80, calcium propionate (preservative), corn starch, soy lecithin, soy flour. Batter and breading: water, bleached wheat flour (enriched with niacin, iron, thiamine mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid), wheat flour, sugar, yellow corn flour, soy flour, contains 2% or less of the following: dextrose, modified corn starch, salt, lecithin, gum arabic, leavening (monocalcium phosphate, sodium bicarbonate), yeast, glycerin, natural and artificial flavor, polysorbate 80, carrageenan. Pre- Fried in soybean oil. <b>CONTAINS: WHEAT, SOY, SOY LECITHIN</b>



<b>Beverages</b>
<b>SEATTLE'S BEST COFFEE:</b> Roasted and ground coffee
<b>FRAPPE BASE, MOCHA:</b> Mocha Flavor Base (High Fructose Corn Syrup, Non-Dairy Creamer (Refined Coconut Oil, Corn Syrup Solids, Potassium Caseinate, Sugar, Dipotassium Phosphate, Mono- & Diglycerides, Salt, Sodium Stearoyl Lactylate, Carrageenan, Sodium Silicon Aluminate, Artificial Flavor, Annatto & Turmeric), Coffee Extract, Nonfat Dry Milk, Cocoa, Water, Natural and Artificial Flavors, Salt, Sodium Citrate, Potassium Sorbate (as a preservative), Calcium Disodium EDTA (as a preservative), Potassium Hydroxide), Water, Milk, Cream, Sugar, Contains Less than 2 % Mono and Diglycerides, Guar Gum, Potassium Citrate, Disodium Phosphate, Carageenan and Locust Bean Gum. <b>CONTAINS: MILK</b>
<b>CAPRISUN® 100% APPLE JUICE:</b> Apple juice from concentrate (Water, apple juice concentrate), citric acid (for tartness), natural flavor.
<b>SOFT SERVE:</b> Milk fat and Nonfat Milk, Sugar, Sweet Whey, Corn Syrup, High Fructose Corn Syrup, Propylene Glycol Monoesters, Natural and Artificial Vanilla Flavor, Mono & Diglycerides, Guar Gum, Disodium Phosphate, Sodium Citrate, Cellulose Gum, Carrageenan. <b>CONTAINS: MILK</b>
<b>SMOOTHIE MIX- STRAWBERRY BANANA:</b> Water, Cultured Skim Milk, Banana Puree, Strawberry Puree Concentrate, Sugar, Concentrated Pear Juice, Citric Acid, Vegetable Juice Color, Cranberry Seeds, Pectin, Xanthan Gum, Purple Carrot Juice Concentrate Color, Ascorbic Acid (Vitamin C), Natural and Artificial Flavor, Honey, Sodium Carboxymethylcellulose, Invert Sugar, Corn Syrup, Maltodextrin, Modified Potato Starch, Guar Gum, Beta Carotene Color. <b>CONTAINS: MILK</b>
<b>SMOOTHIE MIX- TROPICAL MANGO:</b> Water, Cultured Skim Milk, Sugar, Concentrated Pear Juice, Apple Puree Concentrate, Mango Puree Concentrate, Pineapple Juice Concentrate, Orange Juice Concentrate, Apple Juice Concentrate, Citric Acid, Pectin, Xanthan Gum, Glycerin, Sodium Carboxymethylcellulose, Natural and Artificial Flavor, Maltodextrin, Guar Gum, Arabic, Sunflower Oil, Beta Carotene Color, Ascorbic Acid (Vitamin C), Mized Tocopherols. <b>CONTAINS: MILK</b>
<b>COCA COLA® CLASSIC:</b> High Fructose Corn Syrup and/or Sucrose, Water, Caramel Color, Phosphoric Acid, Natural Flavors, Caffeine. Natural flavors from plant sources.
<b>DIET COKE® :</b> Water, Caramel Color, Phosphoric Acid, Sodium Saccharin, Potassium Benzoate (to protect taste), Natural Flavors, Citric Acid, Caffeine, Potassium Citrate, Aspartame, Dimethylpolysiloxane. Natural flavors from plant sources.
<b>SPRITE® :</b> High Fructose Corn Syrup and/or Sucrose, Water, Citric Acid, Natural Flavors, Sodium Citrate, Sodium Benzoate, Dimethylpolysiloxane. Natural flavors from plant sources.
<b>DR PEPPER® :</b> High Fructose Corn Syrup, Water, Caramel Color, Artificial and Natural Flavor, Phosphoric Acid, Caffeine, Sodium Benzoate (Preservative), and Dimethylpolysiloxane. Natural flavors from plant sources.

## Desserts and Shakes:

**DUTCH APPLE PIE:** Apples, enriched flour, water, glucose-fructose, palm and soybean oil shortening, sugar, modified corn starch, palm and soybean oil, margarine, apple juice concentrate, soybean oil, salt, dextrose, silicon dioxide, xanthan gum, potassium sorbate, spices, malic acid, yeast, ascorbic acid, sodium propionate, citric acid, annatto.

**CONTAINS: WHEAT AND SOY**

**HERSHEY'S SUNDAE PIE:** Water, Sugar, Reduced Fat Sweetened Condensed Milk (Milk, Skim Milk, Sugar, Vitamin A Palmitate), Cream Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Xanthan Gum and/or Carob Bean Gum and/or Guar Gum), Enriched Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Partially Hydrogenated Vegetable Shortening (Coconut Oil and Palm Kernel Oil), High Fructose Corn Syrup, Vegetable Shortening (Palm Oil and Soybean Oil), Vegetable Oil (Palm Oil, Coconut Oil and Soybean Oil), Cocoa (Natural and Processed with Alkali), contains less than 2 % of each of the following:; Corn Syrup, Dextrose, Chocolate, Baking Soda, Salt, Natural and Artificial Flavors, Sodium Caseinate (A Milk Derivative), Soy Lecithin, Polysorbate 60, Modified Cellulose Gum, Colored with Beta Carotene, Cocoa Butter, Mono- and Diglycerides, Carrageenan, Polysorbate 65, Polysorbate 80, Sodium Phosphate, Corn Syrup Solids, Fructose, Maltodextrin, Malic Acid, Hydroxypropylmethylcellulose, Milk fat, Glycerol-Lacto Esters of Fatty Acids, Lactose, Xanthan Gum, Disodium Phosphate, Polyglycerol Esters, Sodium Citrate, Sorbitan Monostearate, Guar Gum, Citric Acid, Dipotassium Phosphate, Food Starch-Modified, Milk.

**CONTAINS: MILK, WHEAT, SOY**

**\* Processed on shared equipment with Peanuts and Tree Nuts**

**REESE'S PEANUT BUTTER CUP PIE:** Reduced Fat Sweetened Condensed Milk (Milk, Skim Milk, Sugar, Vitamin A Palmitate), Sugar, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Peanuts, Shortening (Palm Oil and Soybean Oil), Peanut Butter Cups (Milk Chocolate, Sugar, Cocoa Butter, Chocolate, Nonfat Milk, Milk Fat, Corn Syrup Solids, Soy Lecithin and PGPR [Emulsifiers], Peanuts, Sugar, Dextrose, Salt, and TBHQ [Preservative]), Water, High Fructose Corn Syrup, Milk, Partially Hydrogenated Palm Kernel and Coconut Oil, Cream Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Carb Bean Gum), Contains 2% or less: Graham Flour, Cocoa (Processed with Alkali), Coconut Oil, Molasses, Salt, Baking Soda, Hydrogenated Vegetable Oil (Rapeseeds, Cottonseed, and Soybean Oil), Natural and Artificial Flavors, Dextrose, Cheese Culture, Mono- and Diglycerides, Carob Bean Gum, Polysorbate 60, Polyglycerol Esters of Fatty Acids, Soy Lecithin, Sodium Citrate, Disodium Phosphate, Xanthan Gum, Cellulose Gum, Peanut Oil, Caramel Color, Monoglycerides, Cornstarch, Colored with Beta Carotene and Apocarotenol.

**CONTAINS: SOY, PEANUT, WHEAT and MILK.**

**PIE MADE WITH SNICKERS®:** Reduced Fat Sweetened Condensed Milk (Milk, Skim Milk, Sugar, Vitamin A Palmitate), Water, Snickers Candy Bar (Milk Chocolate [Sugar, Cocoa Butter, Chocolate, Skim Milk, Lactose, Milkfat, Soy Lecithin, Artificial Flavor], Peanuts, Corn Syrup, Sugar, Palm Oil, Skim Milk, Lactose, Partially Hydrogenated Soybean Oil, Salt, Egg Whites, Artificial Flavor), Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Shortening (Palm Oil and Soybean Oil), High Fructose Corn Syrup, Milk, Partially Hydrogenated Palm Kernel Oil, Cream Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Carob Bean Gum), Contains 2% or less: Cocoa (Processed with Alkali), Modified Food Starch, Coconut Oil, Sodium Bicarbonate, Cocoa, Salt, Sodium Caseinate, Partially Hydrogenated Coconut Oil, Dextrose, Natural and Artificial Flavor, Corn Syrup Solids, Fructose, Mono- and Diglycerides, Carob Bean Gum, Cheese Culture, Lactose, Glyceryl-Lacto Esters of Fatty Acids, Soy Lecithin, Polysorbate 60, Caramel Color, Sorbitan Monostearate, Xanthan Gum, Beta Carotene, Apocarotenol, and Annatto for Color, Guar Gum, Dipotassium Phosphate, Citric Acid.

**CONTAINS: MILK, SOY, PEANUTS, EGGS, WHEAT.**

**SOFT SERVE/SHAKE MIX:** Milk fat and Nonfat Milk, Sugar, Sweet Whey, Corn Syrup, High Fructose Corn Syrup, Propylene Glycol Monoesters, Natural and Artificial Vanilla Flavor, Mono & Diglycerides, Guar Gum, Disodium Phosphate, Sodium Citrate, Cellulose Gum, Carrageenan.

**CONTAINS: MILK**

**SOFT SERVE CONE:** Enriched Wheat Flour (Contains: Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean Oil or Canola Oil, Modified Palm Oil, Soy Lecithin), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color).

**CONTAINS: WHEAT, SOY**

**CARAMEL SUNDAE TOPPING:** Corn syrup, sweetened condensed skim milk (skim milk, sugar, corn syrup), sugar, water, high fructose corn syrup, cream, butter, salt, mono and diglycerides, sodium bicarbonate, xanthan gum, natural flavor

**CONTAINS: MILK**

**CHOCOLATE SHAKE SYRUP:** High fructose corn syrup, water, dextrose, corn syrup, cocoa processed with alkali, whey, salt, natural flavors, potassium sorbate (a preservative), citric acid, xanthan gum.

**CONTAINS: MILK**

**WHIPPED TOPPING:** Cream, Nonfat Milk, Corn Syrup, Sugar, Contains less than 1% of: Mono and Diglycerides, Carrageenan, Polysorbate 80, Beta Carotene (color), Natural and Artificial Flavor, Mixed Tocopherols (Citamin E) to protect flavor, Propellant: Nitrous Oxide.

**CONTAINS: MILK**

**OREO® COOKIE CRUMBLES:** Sugar, Unbleached Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate {Vitamin B1}, Riboflavin {Vitamin B2}, Folic Acid), High Oleic Canola and/or Palm Oil, Cocoa (Processed with Alkali), High Fructose Corn Syrup, Cornstarch, Leavening (Baking Soda and/or Calcium Phosphate), Salt, Soy Lecithin, Vanillin - An artificial flavor, Chocolate.

**CONTAINS: WHEAT, SOY**

**FROOT LOOPS® TOPPING:** Corn flour blend (whole grain yellow corn flour, degerminated yellow corn flour), sugar, wheat flour, whole grain oat flour, modified food starch, contains 2% or less of hydrogenated vegetable oil (coconut, soybean and/or cottonseed), oat fiber, salt, soluble corn fiber, natural flavor, red 40, turmeric extract color, blue 1, yellow 6, annatto extract color, BHT for freshness. Vitamins and minerals: vitamin c (sodium ascorbate and ascorbic acid), niacinamide, reduced iron, zinc oxide, vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin hydrochloride), vitamin A palmitate, folic acid, vitamin B12, vitamin D3.

**CONTAINS: WHEAT**

**CHOCOLATE SHAKE SYRUP:** High fructose corn syrup, water, dextrose, corn syrup, cocoa processed with alkali, whey, salt, natural flavors, potassium sorbate (a preservative), citric acid, xanthan gum.

**CONTAINS: MILK**

**FRUIT CEREAL FLAVORED SYRUP:** Water, sugar, citric acid, sodium benzoate, and Potassium sorbate (preservatives), natural flavor.

**VANILLA SHAKE SYRUP:** Sugar, water, natural and artificial flavor, benzoic acid and potassium sorbate (preservatives), xanthan gum

**STRAWBERRY SHAKE SYRUP:** Strawberries, sugar, water, concentrated lemon juice, natural flavors, citric acid, pectin, sodium benzoate and potassium sorbate (preservatives), artificial colors (red 40 and blue 1), cellulose gum

**CHOCOLATE CHIP COOKIE:** Enriched Bleached Flour (Bleached Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Semi-Sweet Chocolate Chips (Sugar, Unsweetened Chocolate, Cocoa Butter, Soy Lecithin, Vanilla), Sugar, Margarine (Palm Oil, Water, Salt, Mono- and Diglycerides, Natural Flavor, Vitamin A Palmitate, Beta Carotene), Brown Sugar, Eggs, Butter, Natural and Artificial Flavor, Baking Soda, Salt.

**CONTAINS: MILK, WHEAT, EGGS, AND SOYBEAN**

**OATMEAL RAISIN COOKIE:** Enriched bleached flour (Bleached flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), rolled oats, sugar, brown sugar, margarine (palm oil, water, salt, mono- and diglycerides, natural flavor, vitamin A palmitate, beta carotene), raisins, coconut, eggs, butter, invert sugar, whole milk, baking soda, artificial flavor, salt.

**CONTAINS: MILK, EGGS, COCONUT, WHEAT**

**WHITE CHOCOLATE MACADAMIA NUT COOKIE:** Enriched Bleached Flour (Bleached Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), White Chocolate Chips (Sugar, Cocoa Butter, Whole Milk Powder, Dextrose, Soy Lecithin, Artificial Flavor), Sugar, Margarine

## Important Information:

<sup>1</sup>-Products that are fried in a shared fryer include but may not be limited to: Fish Filet, Pork Sausage, Crispy Chicken patty, Chicken Nuggets , Original Chicken Patty, Spicy Chicken Patty, Hash browns, French Fries, French Toast Sticks, and Onion Rings. Fryer oil contains: corn, canola, soy and or/cottonseed oils.

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\*Artificial maple flavor in Vermont only.

"‡": These values represent Sodium derived from ingredients other than water. The actual amount of Sodium in the beverages will vary depending on the quantity contained in the water supply where the finished beverages are produced.